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Media Contact: Jenna Cooper, APR

Jenna@C3-Collective.com, 503.880.8881



Two Innovative, Health Care Leaders Form Partnership to Bring Elevated Pharmacy Services to Minnesota Seniors

Lifespark and Consonus Healthcare (owned by Marquis Companies) Team Up to Deliver Safer and More Comprehensive Health Services to Seniors

PORTLAND, Ore. — (November 16, 2023) — Consonus Pharmacy, a leading independent, long term care pharmacy, is partnering with LifesparkTM, a complete senior health company in Minnesota. The two industry leaders have joined forces to enhance pharmaceutical services for seniors in Minnesota and Wisconsin.

As of October 1, 2023, Consonus Pharmacy is supplying and supporting all pharmaceutical services for Lifespark Senior Living communities. The partnership spans 34 campuses in Minnesota, and five in Wisconsin. Additionally, the Consonus team provides clinical pharmacological consultancy within Lifespark's value-based care services to Lifespark COMPLETE members.

Consonus will enhance the pharmacy services available to seniors in Minnesota, while complementing Lifespark's exceptional work and stellar reputation in senior services," said president of Consonus Pharmacy, Jessica Androff, PharmD, BCGP. "This is what we do best – delivering high-touch, precise pharmaceutical services that are critical for safe, effective distribution of medications to seniors. Our unique, proactive approach ensures seniors live the best, rest of their lives."

In addition, Consonus pharmacists will consult with Lifespark's nurses and physicians to ensure accuracy and precision of medications prescribed to all Lifespark's senior living and members in both senior living and community settings. These consulting services will streamline the medication process, which is critical when there are multiple health providers prescribing different medications.

Two Innovative Leaders, One Vision

Lifespark and Marquis Companies, Consonus' parent company are both steadfast in their ideologies – helping seniors live their very best lives.



"Lifespark partnered with Consonus to bring an elevated pharmacy service -- not only to Lifespark's ecosystem but to the Minnesota market," said Joel Theisen, BSN, RN, CEO of Lifespark. "We were impressed by their specific focus on the senior population. As board-certified geriatric pharmacists, Consonus brings expertise in the complexity of medications and a unique understanding of how medications impact the aging body. This is critical to a person's complete senior health experience and it's rare to have this level of clinical pharmacology consultancy as an interdisciplinary member of our team."

Benefits of Using an Independent, Long Term Care Pharmacy for Pharmaceutical Services

Long-term care pharmacies are vastly different from other hospital or retail pharmacies, going
beyond just administering medications. At Consonus, each medication is checked, barcoded,
constantly tracked and monitored. Specially trained board-certified geriatric pharmacists
continuously assess for possible drug interactions, appropriate dosing for the senior population,
and can recommend changes to regimens. Consonus consultants develop and monitor medication
management systems. This layered system of safeguards and personal care makes Consonus a
preferred choice for senior health companies like Lifespark.

About Consonus Healthcare

Part of fifth generation, <u>Marquis Companies</u>, <u>Consonus Healthcare</u> has operated for 30 years, providing premier, pharmacy, rehabilitation therapy, and consulting services for seniors. Based in Portland, Oregon, Consonus serves over 700 facilities nationwide. For more information, visit consonushealth.com.

About Lifespark

Lifespark is a complete senior health company headquartered in St. Louis Park, Minnesota helping people stay healthy, navigate their health options with confidence, and ultimately live fuller, more independent lives as they age.

Lifespark's global risk model is proven to reduce total cost of care, improve outcomes, and empower seniors to Age Magnificently! It provides a flexible, home-based delivery system that meets clients where they are using an integrated tech platform that seamlessly combines broad medical and SDoH capabilities, data, and client experience. This scalable approach was intentionally built to meet the converging meta-trends in the senior health market. For more on Lifespark, visit: lifespark.com.